Colyte Prep for Colonoscopy

This is your Colyte Prep for Colonoscopy:

- 24 hours before your appointment, you will stop eating solid foods and begin a clear liquid diet. You may have water and clear liquids. It is important to drink fluid throughout the day.
- At 5PM the day before your appointment, reconstitute the Colyte® with one gallon of water and flavor packet or of any clear liquid. Drink ½ gallon at a rate of one 8oz glass every 10 minutes until gone.
- Continue to drink clear liquids.
- DO NOT take any oral medication 1 hr. before or after drinking the Colyte.
- 6 hours prior to your exam: Drink the remaining Colyte® at a rate of one 8 oz glass every 10 minutes till gone.
- Continue to drink clear liquids as needed.
- On the day of your procedure, please stop all clear liquids 2 hours prior to your appointment time. Drink only a sip of water to take critical medications
- Please arrive 45 minutes before your procedure appointment time.
- Make sure to bring a list of current medications and the name of your referring physician.
- Please dress in loose fitting, comfortable clothing for the procedure and leave your jewelry and valuables at home. We are not responsible for lost articles.
- You will be given sedatives during the procedure, and you must have someone drive you home. Even if you feel alert after the procedure, your judgment and reflexes could be impaired for the rest of the day.
- Please call the GI lab at (520) 694-0959 if you are on Plavix, Ticlid or Coumadin. You will need to get clarification from your primary care physician and stop 5-7 days before the procedure. Instructions for restarting these medications will be clarified by your GI physician after your procedure.
- If you stopped Coumadin (Warfarin), get an INR blood test late in the afternoon prior to your procedure or early on the day of procedure. Fax the results to (520) 694-2419 before the time of your appointment or bring results with you.
- Stop Lovenox and Heparin 12 hours before your procedure time. Your procedure may be cancelled if these medications are taken too close to the time of your appointment.
- If you are a diabetic please contact your primary care physician for further instructions

For further questions or to leave a message for a nurse, please call (520) 694-0959.