EGD Prep Instructions

This is your EGD Prep Instruction:

- Continue a normal diet until midnight the day before your appointment.
- You may drink clear liquids up until 2 hours before your procedure. Drink only a sip of water to take critical medications.
- Please dress in loose fitting, comfortable clothing for the procedure and leave your jewelry and valuables at home. We are not responsible for lost articles.
- Please arrive 45 minutes before your procedure appointment time.
- You will be given sedatives during the procedure, and you must have someone accompany you home. Even if you feel alert after the procedure, your judgment and reflexes could be impaired for the rest of the day.
- Please call the GI lab at (520) 694-0959 if you are on Plavix, Ticlid or Coumadin. You will need to get clarification from your primary care physician and stop 5-7 days before the procedure. Instructions for restarting these medications will be clarified by your GI physician after your procedure.
- If you stopped Coumadin (Warfarin), get an INR blood test late in the afternoon prior to your procedure or early on the day of procedure. Fax the results to (520) 694-2419 before the time of your appointment or bring results with you.
- Stop Lovenox and Heparin 12 hours before your procedure time. Your procedure may be cancelled if these medications are taken too close to the time of your appointment.
- If you are a diabetic please contact your primary care physician for further instructions.

For further questions or to leave a message for a nurse, please call (520) 694-0959.